

--16. A method of treating estrogenic deficiencies in post-menopausal women comprising orally administering to post-menopausal women estrogenically stimulating amount of a composition of claim 1.--

--17. A method of treating osteoporosis and cardiovascular illnesses in post-menopausal women comprising orally administering to post-menopausal women a composition of claim 1 in an amount sufficient to treat said conditions.--

--18. A method of stopping ovulation in women comprising orally administering to women during their ovulation period an amount of a composition of claim 1 to stop ovulation.--

--19. The method of claim 16 wherein the composition is administered continuously.--

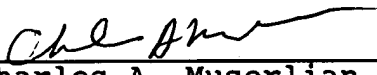
--20. The method of claim 16 wherein the composition is administered intermittently.

REMARKS

The amendment is submitted to remove multiple dependency from the claims and to present method of use claims that conform to the

American practice.

Respectfully submitted,
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